

# PIKE COUNTY PATHFINDER



October 2021

## RESOURCE OF THE QUARTER: MO-ABLE

Most persons with intellectual and developmental disabilities (IDD) have received federal COVID stimulus payments. Most persons with IDD also rely on income-based programs like Medicaid and SSI to meet their daily support needs, and cannot afford to lose eligibility for these benefits due to having too many financial resources. The MO-ABLE program allows persons with IDD to establish a MO-ABLE account that protects eligibility for SSI and Medicaid while retaining resources such as stimulus payments and other funds. For more info. about the MO-ABLE program, check out their website at: [www.moable.com](http://www.moable.com)

## PCADD STARTS MUSIC THERAPY CLASSES

According to the American Music Therapy Association or AMTA, Music Therapy is the “clinical & evidenced-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program”. According to persons served at PCADD’s CLS day program, music therapy is “really, really fun!”

According to the AMTA, music therapy has been shown to “have a variety of healthcare & educational benefits, including promoting wellness, managing stress, alleviating pain, expressing feelings, enhancing memory, and improving

communication”. According to participants in the CLS day program, music therapy has been shown to have many benefits, including “everyone having fun!” No matter how you phrase it, music therapy is not just therapeutic, but fun as well. PCADD is contracting with Music Therapy St. Louis in having credentialed music therapists provide music therapy sessions twice each month in the Community Living Skills (CLS) day program. Contact PCADD at 324-3875 for information about music therapy.



*Above: Kimber McNaughton with Music Therapy St. Louis leads a music therapy session at the CLS day program*

## GET YOUR PARTY ON!

After a year off due to a ghoulish virus called COVID, the PCADD Community Inclusion program is once again hosting a wicked Halloween Dance on Tuesday October 26<sup>th</sup> from 6pm-8pm at the Pike County Fairgrounds. This year we will have a scary-good theme of the “1980s”. Snacks will be provided, and costume prizes will be given for best pop star, best TV actor, best cartoon character, and best costume overall. With the 1980s theme, you might be asking “who ya gonna call” for more info? Call 324-3875... I ain’t afraid of no ghosts... are you?



## SCOTT RAY CARDINALS BASEBALL FUND ALLOWS THREE TO ATTEND CARDINALS GAME

Scott Ray had a big heart, and his big heart pumped Cardinal-red blood. Although his time with us was much too short, Scott's legacy lives on with the Scott Ray Cardinals Baseball Fund. This charitable fund allows area persons with developmental disabilities the opportunity to attend a Cardinals baseball game, which they would otherwise not be able to attend due to financial limitations.

This year, the Scott Ray Cardinals Baseball Fund allowed three individuals to attend a Cardinals baseball game (which they won, of course). The fund is managed by Judy Ray, Scott's mother, and is supported by special event fundraisers throughout the year, and donations. Call 324-5493 for more information about the Scott Ray Cardinals Baseball Fund.



Above: Jack W., Vernon W., and Jeremy G. attend a Cardinals game with assistance from Scott Ray fund

## SPOTLIGHT ON SUCCESS: RENEE DAVIS

Renee Davis is just about the most cheerful and bubbly person you'll ever meet! Wearing an almost constant smile, Renee can cheer up even the most crusty and pessimistic of individuals. She has many gifts, including the gift of gab. If you ever sit down to chat with Renee, be prepared to sit for a while. One of the many things that Renee likes to talk about is her family, who is very important to her. Her mom and dad baby sit her one year old nephew. "I

cannot keep up with that little guy!" Renee gushes. "When he looks up at me and smiles, my heart just pounds with love like I've never felt before!"

One of Renee's goals for the future is to do a family tree of her family, and maybe also work on a scrapbook or photo album of her family. Renee has a very outgoing and giving personality, demonstrated in part by her goal to raise money for a veteran's charity, such as the Wounded Warrior Project. Renee has friends at the PCADD day program, including Norma and Katie. "Katie is my best friend", Renee mentions, and states that Norma



Above: Renee relaxes at the CLS day program

"keeps giving me hugs... she's always happy."

Renee likes the holidays, and is currently getting ready to attend the upcoming annual Halloween Dance October 26<sup>th</sup>. "I'm going to be Rainbow Brite" Renee says excitedly of her costume for the dance, which has an 80's theme. Renee does volunteer work at the Bowling Green library, and likes to play bowling video games on the iPad, which she is quite good at. While at home, Renee likes to dote on her nephew and watch television.

Renee is a success for many reasons, but mostly just because of the person she is... personable, loving, outgoing, and cheerful!

### UPCOMING EVENTS

**OCTOBER IS NATIONAL  
DISABILITY  
EMPLOYMENT  
AWARENESS MONTH!**

#### HALLOWEEN DANCE

Tuesday October 26 6pm-8pm  
Pike Co. Fairgrounds

#### MISSOURI ALLIANCE FOR DUAL DIAGNOSIS (MOADD) SUMMIT

Tuesday, November 2, 2021  
10:30 AM – 2:00 PM  
(Virtual Event)

**Call 324-5493 for more  
info. on any  
of these events.**